

Tanning Tips

Moisturize Your Skin

Keeping your skin supple and moist is the key to maintaining a great tan! Tanning lotion is very important and strongly recommended. Never use outdoor tanning lotions when tanning indoors.

Eyes

Always wear eye protection. The eye-lid is thin and permeable to UV light. While tanning, eyes should be completely covered with professional eye-wear designed for indoor tanning.

Lips

Your lips do not produce melanin and are unable to develop a tan. However, UV light may cause your lips to dry. To avoid chapped lips, keep lips moist with a SPF lip balm.

Medications

Some medications affect the skin's photosensitivity. Make sure you check with your physician before you tan if you are taking any medications.

Learn Your Skin Type

Know which one of the six major skin types you are before you tan. Follow the recommended exposure times for your skin type listed on the exposure label.

Most Asked Question

Q: Can I burn in a high-pressure sunbed?

A: There is a possibility of over-exposure in any sunbed, although this is less likely with high-pressure tanning. Low percentages of UVB decrease the chance of burning tremendously.