

Lofty Pursuits

Breakfast • Lunch • Ice Cream • To Go

Full Menu Inside!

Fly by Breakfast

5 Minute Take Out Menu (M-F)

Biscuits

Egg and Cheddar	4.5
Egg, Cheddar and Bradley's Sausage Patty	6.5
Biscuits and Gravy	Full 7
.....	Half 5

Grit Bowls

Egg, Bacon and Cheese	7
Egg, Veggies and Cheese	7
Egg, Link Sausage and Swiss	7

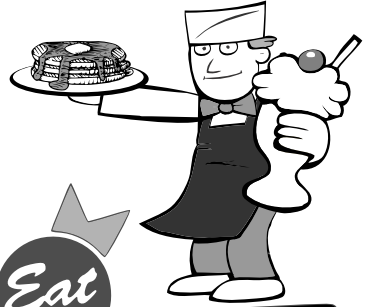
More

Grits	2
Cheese Grits	2.50
Biscuit	1.75
Fruit Bowl	3
Coffee	2
Soda or Iced Tea	2

Breakfast 7AM to Noon

1355 Market Street A11

850-521-0091 - LoftyPursuits.com



North Florida is home to some of the best ingredients in the world.

We work with our local farmers to bring this goodness to our table.

Support the food that makes Tallahassee taste like Tallahassee.

Grits

Bumpy Road Farms, Heirloom, non GMO, Tallahassee, FL

Bacon

Limestone Meat House, Wacissa, FL

Sausage

Bradley's, Tallahassee, FL

Milk

Ocheesee, Blountstown, FL

Coffee

Lucky Goat, Tallahassee, FL

Bread

Tasty Pastry

Syrup & Biscuits

Lofty-Made!

Granola & Honey

Orchard Pond, Tallahassee, FL

Orange Juice

Hand Squeezed

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Waffles and Pancakes

The Lofty Waffle - Our Belgian waffle with our Lofty-Made syrup with a side of bacon. Add our Blueberry or Strawberry topping for \$1 8

Bananas Foster Waffle - This classic dessert has finally made its way to the breakfast table. Our housemade waffle, topped with a scoop of vanilla bean ice cream and loaded with flambéed bananas in a rum caramel sauce. 13

The Healthy Waffle - Our waffle topped with Greek yogurt, granola, and sliced strawberries, finished with a honey drizzle. 10

The Stack - A stack of three fluffy pancakes with our Lofty-Made syrup and bacon. 8

Strawberry Pancakes - Our golden-brown buttermilk pancakes topped generously with our strawberry compote and whipped cream. 9

Blueberry Pancakes - Our golden-brown buttermilk pancakes topped generously with our blueberry compote, and whipped cream..... 9

Be a Pancake Architect - Our golden-brown buttermilk pancakes topped generously with . . . wait, you want what!?! Yes! Put on your bow tie, adjust your pocket protector, and be the Pancake Architect. Comes with whipped cream. Pick two toppings, syrups or nuts. Put a scoop of ice cream on top for 2.25, and any extra toppings for 0.50 each.9.5

Fruit Toppings: Strawberry compote, Blueberry compote

Syrups: Orange Marmalade, Pineapple, Peanut Butter, Marshmallow

Sprinkle of Nuts: Walnuts, Pecans, Almonds, Peanuts, Honey Chipotle Pecans

Candy Dreams: M&Ms, Reese's, Chocolate Chips, Heath Bar bits, Sprinkles, Pecans and more!

Ice Cream: Pick a Jr. Scoop of ice cream of the flavor of your choice.

Vegan, Gluten Free Pancakes - A stack of three pancakes proving that everyone can enjoy Lofty pancakes. Get it with our fruit topping for \$1 more 9

Lofty Selects

Steak and Eggs - Six ounces of New York strip steak cooked to the way you like it, paired with eggs any way you would like them, and a side of hash browns 15

Corned Beef and Hash - Our hand-roasted corn beef hash, made with russet potatoes, green peppers and onions, with two eggs like you want them on top..... 10

Lofty Wake Up Call - A homemade waffle, two eggs, two slices of bacon, shredded hash browns, grits, and toast.12

Lofty Yogurt Bowl - Bowl of Greek Yogurt, a sliced strawberry, granola, and honey. 9

Biscuits and Gravy - Two buttermilk biscuits drowned in our homemade sausage and white pepper gravy. 7

Lofty Breakfast Sandwich - Your choice of bread, served open-faced, layered with bacon or sausage, cheddar cheese, fresh sliced tomato, and two perfectly fried eggs. Have it closed to go, or smother it with our sausage gravy for \$2 more. 7

Vegan Hash - Diced russet potatoes, onions, green peppers and sautéed spinach, and served with a side of vegan grits. A Vegan delight. 7

Two Egg Breakfast - Two Eggs paired with two slices of bacon, your choice of toast, hashbrowns or grits.7

JerRon's Plate - One house baked biscuit smothered in sausage gravy and topped with two eggs any way you'd like them.....7

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Omelets

- Ham and Cheddar Omelet** - Classic three-egg omelet stuffed with diced ham and cheddar cheese. Comes with a choice of grits, hash browns, or toast. 10
- Turkey and Brie Omelet** - Fluffy three-egg omelet filled with diced turkey breast, onions, spinach, and brie cheese. Comes with a choice of grits, hash browns, or toast. 11
- Sausage and Swiss Cheese Omelet** - Bradley's sausage in a three-egg omelet with swiss cheese, onions, and peppers. Comes with a choice of grits, hashbrowns, or toast. 11
- Meat and Cheese Omelet** - Locally-sourced sausage and bacon with diced ham meets cheddar, swiss, and brie cheese. Comes with a choice of grits, hash browns, or toast. 11
- Veggie Omelet** - The cheese of your choice with tomatoes, onions, peppers, spinach, and mushrooms inside. Comes with a choice of grits, hash browns, or toast. 8
- Spicy Omelet** - Pepper Jack cheese, Bradley's Sausage, Jalapeno Peppers, Green Peppers, Onions. Comes with a choice of grits, hash browns, or toast. Ask for hot sauce! 10
- Make Your Own Omelet** - Pick one cheese and up to three fillings. (extra fillings \$1) Comes with choice of grits, hash browns, or toast. 10

Meats: Bacon, Turkey, Ham **Cheese:** Cheddar, Swiss, Pepper Jack

Veggies: Green Pepper, Onions, Mushrooms, Tomatoes

Premium (\$1 more) Brie, Bradley's link sausage or patty sausage.

A la Carte

One Egg as you like it	2
Each additional egg	1
Limestone Bacon (1 piece)	2
Turkey Bacon	2
Bradley's Sausage - Patty	3
Bradley's Sausage - Link	3.50
Pancake	3
Waffle	6
Grits.....	2
Cheese Grits	2.50
Biscuit	1.75
Toast (Wheat, Rye, White, Raisin)....	1
Hashbrowns.....	2
Ice Cream Jr. Scoop	2.25
Fruit Bowl	2
100% Maple Syrup.....	3

Drinks

Milk.....	2
Chocolate Milk	2.50
Coffee (endless cup)	2
Hot Tea	2
Fresh squeezed	
Orange Juice (6oz).....	3
Soda or Iced Tea	2
Sprecher Root Beer.....	3
Milk Shake	7.50

Biscuits

Egg and Cheddar	4.5
Egg, Cheddar and Bradley's Sausage Patty	6.5
Patty Sausage and Cheddar	5.5

Grit Bowls

Egg, Bacon and Cheese	7
Egg, Veggies and Cheese	7
Egg, Link Sausage and Swiss	7

**Check out our
12 page
ice cream menu**

LUNCH

(11am – 1pm)

The Rueben - Corned beef, sauerkraut, and Russian dressing on rye bread. Served with your choice of Potato Salad or Chips. Comes with a pickle spear.\$7

Make it a NY double with extra meat \$10

The Juggler - A classic ham and cheddar sandwich grilled with your choice of Potato Salad or Chips. Comes with a pickle spear.\$7

The Gamer - A grilled Brie and Turkey sandwich with spinach. Comes with your choice of Potato Salad or Chips. Comes with a pickle spear. \$7

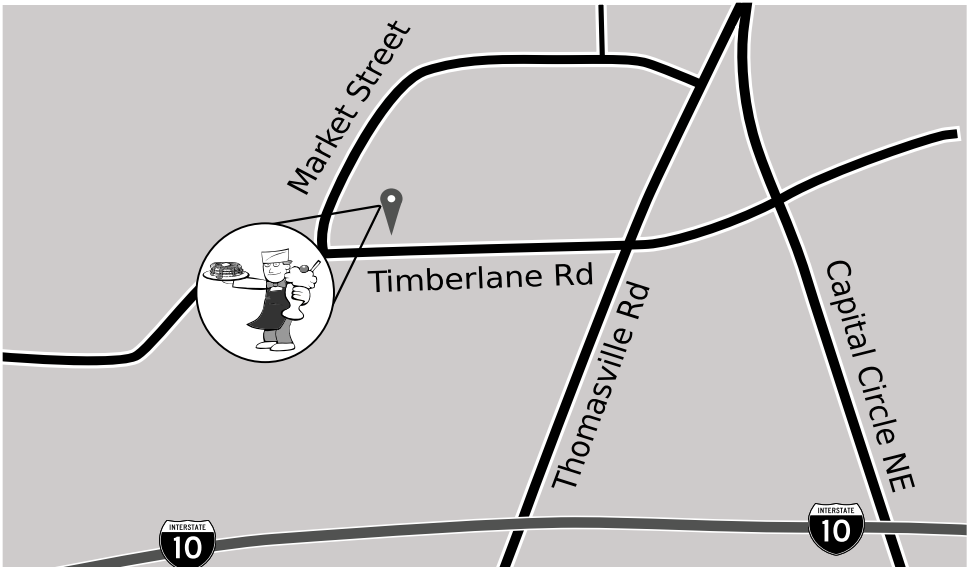
The BLT - A traditional BLT made with Limestone Meat House bacon. Comes with your choice of Potato Salad or Chips. Comes with a pickle spear.\$7

The BST - Our BLT but made with Spinach. Comes with your choice of Potato Salad or Chips. Comes with a pickle spear.\$7

Add one of today's soups for \$2.00

or get a bowl of soup by itself for \$3.50

Add a Soda, iced tea or coffee for \$1 for the lunch deal.



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